Alcohol consumption in Europe

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Alcohol consumption in adult population
Evolution of total alcohol consumption in Europe

Liters of pure alcohol / year / age 15 +

Alcohol consumption (liters of pure alcohol/age 15+) in Europe

- Decreasing tendency in the last years: France, Italy
- Increasing tendency in the last years: UK, Ireland

Source: WDT 2004
Alcohol consumption in young population

Results of the Espad Survey

The ESPAD study

- European Study Project on Alcohol and Other Drugs
- Young people=16 year olds
  - Representative national samples
  - paper-and-pencil measures
  - Self-administered questionnaire
  - In class setting
- Principal investigator: Hibell B.
Total alcohol consumption in 19 ESPAD countries (2004)
Liter pure alcohol/age 15+

Definitions of consumption among 16 year olds

- «Regular alcohol use»: 10+ times/last 30 days
- «Regular drunkeness»: 10+ times/last 12 month

- Czech Rep
- Ireland
- Hungary
- Lithuania
- France
- Denmark
- Slovenia
- Slovak Rep
- Cyprus
- UK

![Graph showing alcohol consumption comparison](chart1)


- UK
- Finland
- Portugal
- Italy
- Latvia
- Estonia
- Greece
- Poland
- Sweden
- Malta

![Graph showing alcohol consumption comparison](chart2)
Regular alcohol use (%) and drunkenness (%) in 16 year olds (1999, 2003) in 10 countries with « high » total consumption

Regular alcohol use (%) and drunkenness (%) in 16 year olds (1999, 2003) in 10 countries with « low » total consumption
Regular alcohol use by gender
2003 (Source: Espad)

Garçons

Fillles

Regular drunkenness by gender
2003, (Source: Espad)
Alcohol consumption and associated factors

Especially in UK and/or France

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Alcohol consumption and SES

- No evident relationship in Europe
- But in UK and France: positive relationship between alcohol consumption and SES
Alcohol consumption and marital status of parents

- Alcohol use more prevalent among adolescents who live with a single parent (UK)
- Alcohol use more prevalent among adolescents who live with a step parent (UK, France)

Alcohol consumption and perceived parental educational model (1)

- Negative relationship between parental control and substance use, whatever parental marital status (intact, single parents, reconstructed)
- Parental control greater impact than parental emotional support, whatever the substance (alcohol, tobacco, cannabis) and gender
Alcohol consumption and perceived parental educational model (2)

- Parental control more related to cannabis (OR between 1.5 and 6.4), tobacco (OR between 1.8 and 5.6) than to alcohol (OR between 1.0 and 2.7)
- Perceived parental educational model (control/emotional support), smaller contributions to consumption among boys than among girls

Alcohol consumption in UK and France

Results of the Espad Survey
Alcohol use/last 30 days (%), by gender
Comparison UK/France

A global approach of consumption: UK..
… and France